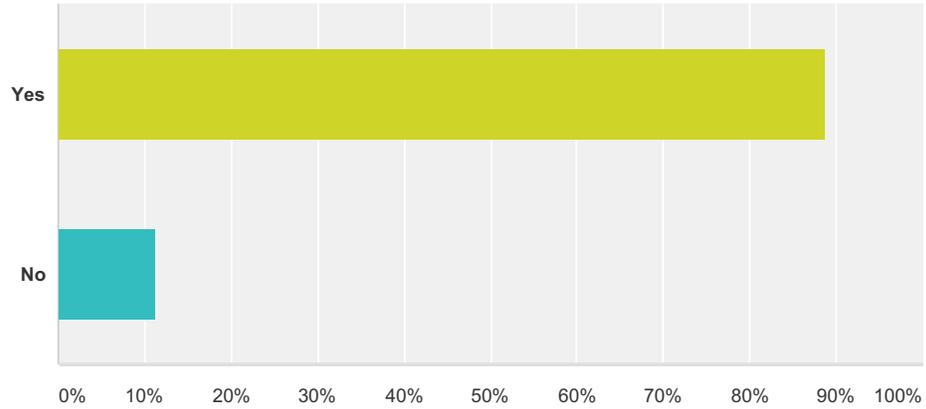


Q1 I have read the school start time research posted on the Mashpee Public Schools' website: <http://www.mashpee.k12.ma.us/committee.cfm?subpage=1449621>

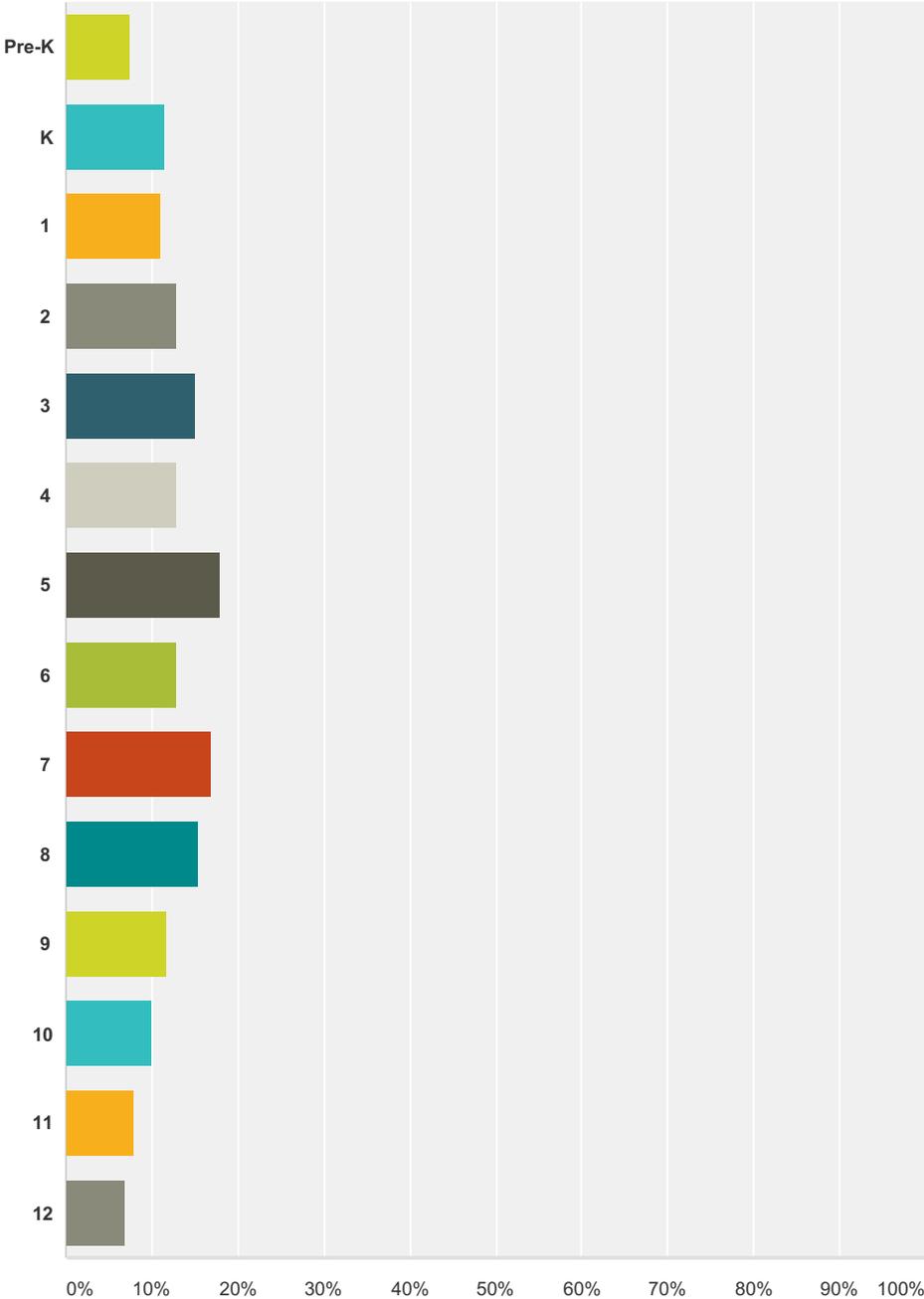
Answered: 381 Skipped: 10



Answer Choices	Responses
Yes	88.71% 338
No	11.29% 43
Total	381

Q2 Please check the current grade of each child you have in the District. If you have multiple children in a single grade, you can only check that grade once.

Answered: 391 Skipped: 0



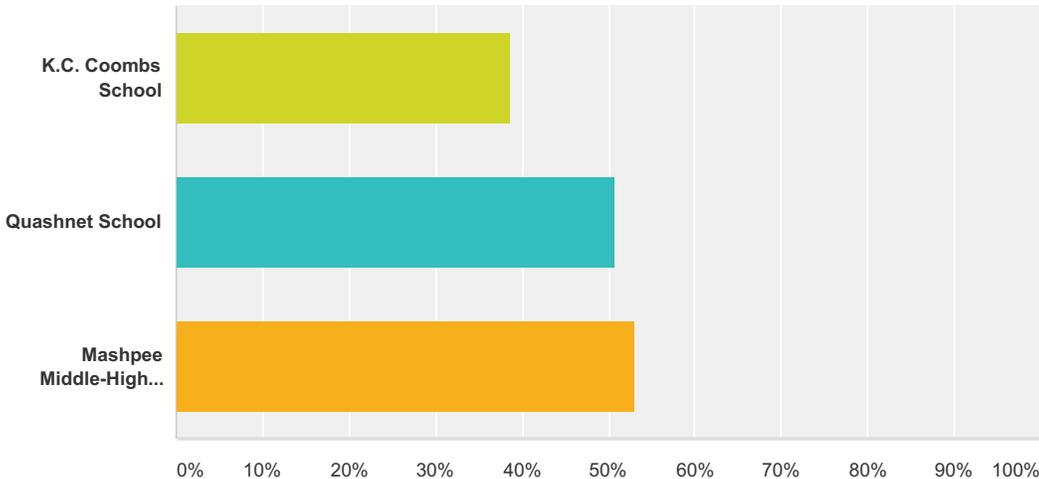
Answer Choices	Responses
Pre-K	7.42% 29
K	11.51% 45

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

1	11.00%	43
2	13.04%	51
3	15.09%	59
4	13.04%	51
5	17.90%	70
6	13.04%	51
7	16.88%	66
8	15.35%	60
9	11.76%	46
10	9.97%	39
11	7.93%	31
12	6.91%	27
Total Respondents: 391		

Q3 I have children who attend the following schools. (Please check all that apply).

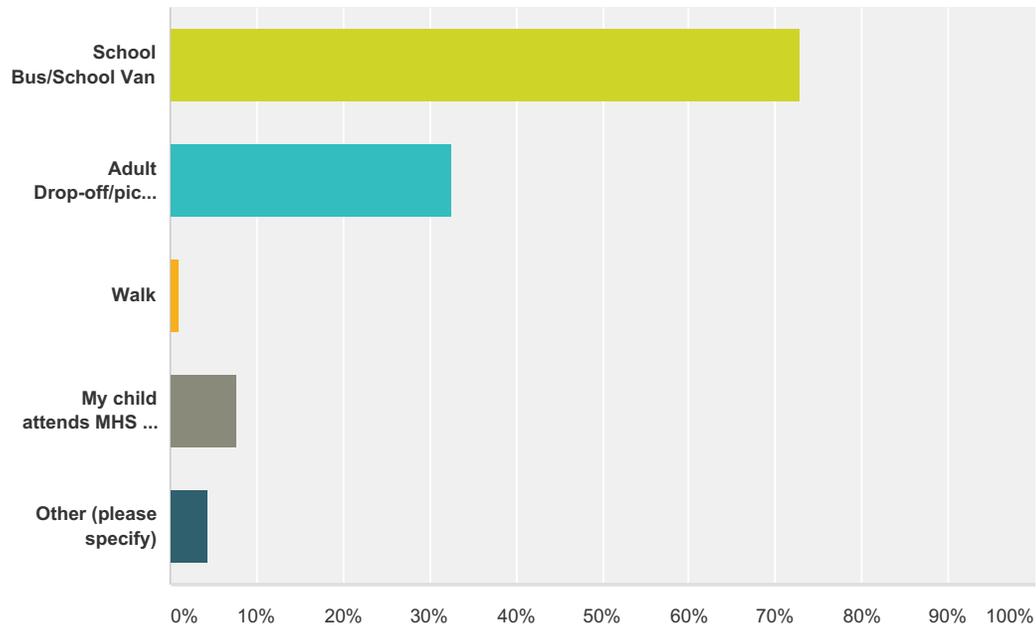
Answered: 389 Skipped: 2



Answer Choices	Responses
K.C. Coombs School	38.56% 150
Quashnet School	50.64% 197
Mashpee Middle-High School	52.96% 206
Total Respondents: 389	

Q4 The primary mode of transportation used by my children to get to and from school is:

Answered: 391 Skipped: 0



Answer Choices	Responses
School Bus/School Van	72.89% 285
Adult Drop-off/pick-up	32.48% 127
Walk	1.02% 4
My child attends MHS and drives himself/herself to school.	7.67% 30
Other (please specify)	4.35% 17
Total Respondents: 391	

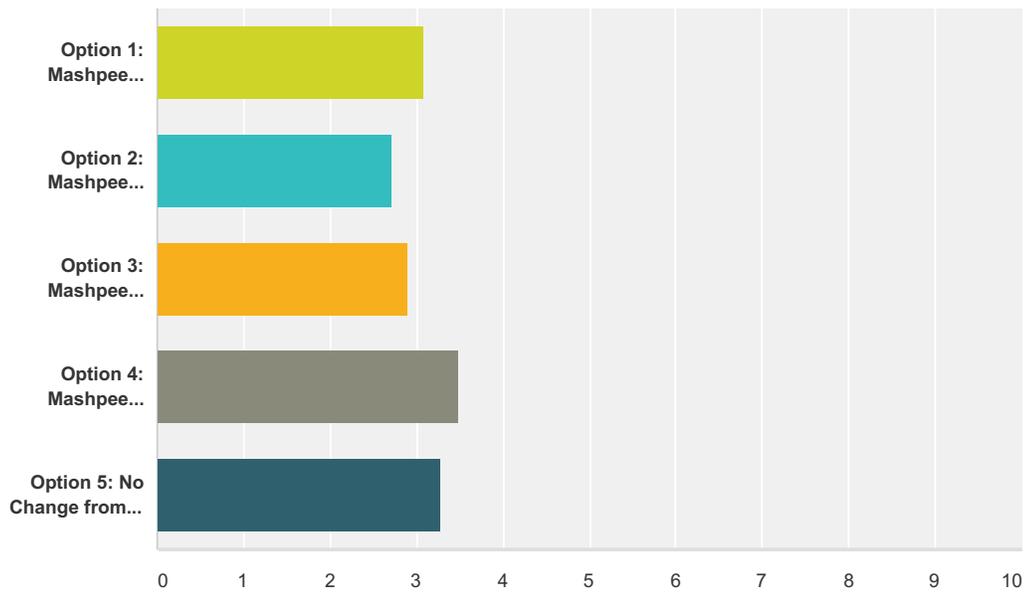
#	Other (please specify)	Date
1	Drop off at MMHS, bus home	3/28/2016 1:11 PM
2	Bus drop off / parent pick up	3/28/2016 10:45 AM
3	drop off/bus home	3/28/2016 9:54 AM
4	they drive	3/27/2016 7:26 AM
5	friend drives them	3/26/2016 1:45 PM
6	Parent drop-off in the am and Mashpee recreation after school program in the afternoon.	3/25/2016 4:35 PM
7	Bus home	3/25/2016 4:02 PM
8	Bus in the morning; adult pick-up in the afternoon.	3/25/2016 1:53 PM
9	Drive in, bus home	3/25/2016 10:17 AM
10	gets a ride with an older neighbor who is a senior	3/24/2016 12:22 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

11	Morning drop bus home during no sports	3/22/2016 9:23 PM
12	no comment	3/22/2016 11:57 AM
13	Sometimes picked up	3/21/2016 4:45 PM
14	goes to boys and girls after school	3/21/2016 3:40 PM
15	My children are dropped in the morning and ride the bus home in the afternoon	3/21/2016 12:52 PM
16	Afterschool programs	3/21/2016 12:17 PM
17	drop off in the am, bus home	3/21/2016 12:07 PM

Q5 Please rank the following options for school day start/dismissal times. A ranking of "1" would mean you most support that option. (Please note that the Quashnet School and Kenneth C. Coombs School are on the same bus schedule. The Coombs School start and end times are five minutes later than those shown below for the Quashnet School.)

Answered: 386 Skipped: 5



	1	2	3	4	5	Total	Score
Option 1: Mashpee Middle-High School (8:45 AM - 3:15 PM); Quashnet School and Coombs School (7:45 AM - 2:15 PM)	22.97% 65	21.20% 60	13.43% 38	26.86% 76	15.55% 44	283	3.09
Option 2: Mashpee Middle-High School (8:30 AM - 3:00 PM); Quashnet School and Coombs School (7:30 AM - 2:00 PM)	13.17% 37	21.35% 60	16.01% 45	22.42% 63	27.05% 76	281	2.71
Option 3: Mashpee Middle-High School (8:30 AM - 3:00 PM); Quashnet School and Coombs School (9:15 AM - 3:45 PM)	11.03% 31	21.35% 60	35.23% 99	12.10% 34	20.28% 57	281	2.91
Option 4: Mashpee Middle-High School (8:15 AM - 2:45 PM); Quashnet School and Coombs School (9:00 AM - 3:30 PM)	30.48% 96	26.35% 83	10.79% 34	25.71% 81	6.67% 21	315	3.48
Option 5: No Change from Current Schedule: Mashpee Middle-High School (7:30 AM - 2:00 PM); Quashnet School and Coombs School (8:15 AM - 2:45 PM)	40.64% 139	9.06% 31	16.67% 57	4.09% 14	29.53% 101	342	3.27

Q6 Please share your thoughts specific to any or all of the above options.

Answered: 144 Skipped: 247

Answer Choices	Responses	
Option 1:	76.39%	110
Option 2:	50.69%	73
Option 3:	45.14%	65
Option 4:	50.00%	72
Option 5:	52.78%	76

#	Option 1:	Date
1	Too late in the day	3/28/2016 2:44 PM
2	Younger students getting home before older siblings makes no sense. Families who count on older students to babysit after school would be required to pay for daycare.	3/28/2016 1:11 PM
3	This works out for my family!	3/28/2016 12:17 PM
4	It is a bit of a compromise in terms of keeping things almost the same	3/28/2016 11:36 AM
5	I think 1 and 2 are very close; either could work.	3/28/2016 10:53 AM
6	Works best with parents work schedule & kids sleep schedule	3/28/2016 10:45 AM
7	745 is too early for any age !	3/28/2016 10:45 AM
8	too early for pre-k-2	3/28/2016 9:54 AM
9	Ridiculous	3/28/2016 9:48 AM
10	An 8 start time might be better for Quashnet. 5th & 6th graders are beginning to become tired and hard to raise in the morning (at least mine is)	3/28/2016 9:40 AM
11	considering all times of all schools, I feel this is the best option	3/28/2016 9:34 AM
12	am a working parent. could not guarantee my child would wake up on his own and go to school. Also concerned about sports after school and late arrival at home for away games. Then to do homework that late at night would as more stress to my child who already struggles in some school subjects	3/28/2016 9:14 AM
13	I think the later the better for high school students	3/28/2016 9:06 AM
14	The need of the older child to be home to help watch the younger child	3/28/2016 8:52 AM
15	See general thoughts bellow	3/28/2016 8:32 AM
16	Ideal start times for these schools.	3/28/2016 2:31 AM
17	Would not consider	3/27/2016 10:42 PM
18	I have a hard time seeing how I'll get my teen to go to bed earlier if she doesn't have to get up as early! Doesn't leave as many hours for homework!	3/27/2016 7:27 PM
19	it comes down to before or after school care i dont want to leave my child home alone just so i can get to work on time nor do i want to pay for morning care	3/26/2016 6:21 PM
20	Best time to children and family	3/26/2016 2:37 PM
21	Perfect for getting on bus in the morning with 8 am work schedule.	3/26/2016 9:26 AM
22	I could still be to work by 9:00	3/26/2016 7:59 AM
23	Studies have proven that teenagers physically have trouble falling asleep early at night and thusly are tired for their early classes.	3/26/2016 7:41 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

24	i think it should stay the same	3/26/2016 5:48 AM
25	8:45am is the best time	3/26/2016 4:38 AM
26	My work schedule works around this already set school schedule. The change would be inconvient for my family.	3/25/2016 11:41 PM
27	Too early of a dismissal. Hard for parents to leave work early to get child off bus	3/25/2016 11:12 PM
28	would address the need for high school students to get more sleep	3/25/2016 10:09 PM
29	Although I think it will be hard to get littles ones up and out to catch the bus that early, I think it could be helpful to start middle high school later. I wonder how the later start times are effecting parents work schedules and how they are dealing with it.	3/25/2016 8:43 PM
30	Sleep deprivation is a health issue on so many levels for our high school students. The opportunity to sleep and eat at a later time will offer many benefits academically.	3/25/2016 5:50 PM
31	in the State of Maine All Public Schools start @ 8:30 & some start @ 8:45	3/25/2016 5:15 PM
32	Not too early, not too late. Allows time for extracurricular activities.	3/25/2016 4:25 PM
33	None of the options work with my eldest getting my youngest off bus an my child plays club sports an needs same time to do HW an eat Please don't fix it. Is not broken	3/25/2016 4:02 PM
34	Why are we catering to kids, this isn't the real world! In the real world you have a job to do, and employers will not be lenient about start times.	3/25/2016 2:50 PM
35	7:45 start for Elementary school is to early	3/25/2016 1:16 PM
36	Perfect for children and adults less stress	3/25/2016 12:37 PM
37	Too early for the youngest kids.	3/25/2016 11:59 AM
38	These times we have accustomed too with our jobs	3/25/2016 11:31 AM
39	Too Early	3/25/2016 11:29 AM
40	If starting later is beneficial to students, then have ALL the students start later. Having early elementary students start before 8 doesn't seem like enough sleep.	3/25/2016 10:43 AM
41	The later the start time for the adolescent population the better. Studies have always shown that adolescents simply cannot sleep before 11 pm, rendering them 6 hours sleep on school nights. Unfortunately they also require more sleep at this age, 8-10 hours. Despite all efforts to promote sleep for my teenager, biologically, it doesn't work.	3/25/2016 10:17 AM
42	Like the older kids going later	3/25/2016 9:49 AM
43	If any change, I feel with after school sports and activities would make the most sense	3/25/2016 9:40 AM
44	Babysitting issues	3/25/2016 9:17 AM
45	Studies show middle and high school are sleep deprived due to much more homework and sports	3/25/2016 9:14 AM
46	Based on the research maybe starting a little later wouldn't be bad.	3/25/2016 9:11 AM
47	too early for the kids to function	3/25/2016 9:09 AM
48	Still like the idea of having older siblings at home for younger siblings bus. The limited aftercare the town provides can't handle even what is needed now.	3/24/2016 8:10 PM
49	Great option. Good balance. Later start for teens who need it, but still early enough to facilitate after school stuff. Reasonable early start time for younger age group who is up early, energized and on and	3/23/2016 7:37 PM
50	My son goes to bed at 7:30, and often sleeps straight thru to 7 a.m.. That said, because he already has an early, appropriate bedtime, I would NOT be willing to wake him up early and disturb his sleep cycle so that the older kids can start later.	3/23/2016 11:44 AM
51	Perfect for HS, a bit late for grade schools	3/22/2016 9:36 PM
52	How will this impact school sport schedules and would make fr later homework times	3/22/2016 9:23 PM
53	student get ineff sleep	3/22/2016 11:57 AM
54	Would mean more use of after school programs for the younger grades which means an added expense to families.	3/22/2016 11:15 AM
55	Better for high school students/sleep	3/22/2016 9:58 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

56	As a parent, I make sure my children get enough sleep to have the ready for school the next day. I do see that some don't and those children are NOT my responsibility so shame on them. I fear is that teachers will have to stay longer to help support children who need to stay after with them, and hence sports schedules starting later and finishing later. Which in turn makes for later getting to sleep after homework anyway. So what's the point!	3/22/2016 8:57 AM
57	too late to start; after school activities/sports getting home later	3/22/2016 8:39 AM
58	The later the better - read the studies!	3/21/2016 9:42 PM
59	an extra 45 minutes will do an adolescent child opportunity to get the sleep they need and it won't interfere with afternoon activities.	3/21/2016 9:38 PM
60	start time for Quashnet / Coombs school before 8:00 would be very difficult on children given morning routine	3/21/2016 9:27 PM
61	Too early for young children	3/21/2016 9:05 PM
62	It is so hard getting the kids up on time for the bus. This would be wonderful.	3/21/2016 9:03 PM
63	I'd rather my oldest child be home before my youngest	3/21/2016 7:32 PM
64	It's the best option; children can sleep longer or have time to eat a decent breakfast	3/21/2016 6:48 PM
65	To late of a start	3/21/2016 6:04 PM
66	3:15 is too late for MHS dismissal. Too little time for sports/activities & homework.	3/21/2016 5:17 PM
67	I think asking younger children to be ready that early isn't as necessary as it is for highschool kids that have sports after school.	3/21/2016 5:05 PM
68	More time for the younger kids to sleep, and most parents with a 9-5 could still get to work on time	3/21/2016 4:49 PM
69	Working with teens in a mental health system it was obvious that their body schedules did not match up to current early starting school schedules and would do better with a later start date	3/21/2016 4:46 PM
70	7:45 too early for younger students	3/21/2016 4:45 PM
71	Too early for little kids. Too late for team sports	3/21/2016 3:48 PM
72	Perfect hours	3/21/2016 3:24 PM
73	Dumb	3/21/2016 3:21 PM
74	Too early for smaller kids	3/21/2016 3:00 PM
75	Not a significant difference, the older students need to be home before the younger students for daycare	3/21/2016 2:56 PM
76	kids don't go to bed early so let them sleep in	3/21/2016 2:45 PM
77	I don't feel younger kids should be starting school earlier than older kids	3/21/2016 2:43 PM
78	I have a high school student who watches my younger kids so I would lose my sitter.	3/21/2016 2:28 PM
79	My concern is after school sports/practices they are late as it is with the change it will be later	3/21/2016 2:26 PM
80	Start time not too early, end time doesn't cut too much into evening home schedules.	3/21/2016 2:24 PM
81	a tough compromise worth the reward when my son starts HS	3/21/2016 2:21 PM
82	I like the late start for MMHS, but too much earlier or later for KCC and Quash would be difficult - it's hard to teach little kids after 3:00	3/21/2016 2:05 PM
83	I would not support an option that starts our elementary schools earlier.	3/21/2016 1:57 PM
84	Little kids in after school program too long	3/21/2016 1:48 PM
85	Start times seems early for QS/KCC age groups	3/21/2016 1:47 PM
86	Horrible option #2, I know plenty of high schoolers babysit others after school.	3/21/2016 1:46 PM
87	Too early, my 7&11 year old sleep till 6:30-6:45, my HS junior is up and running at 6 every morning ready to roll independently	3/21/2016 1:46 PM
88	Too early in the morning, Too early in the afternoon for working parents	3/21/2016 1:45 PM
89	It's close to the time slots currently	3/21/2016 1:36 PM
90	Too early to get little kids ready and out the door	3/21/2016 1:27 PM
91	Keep as it is.	3/21/2016 1:13 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

92	Way too early for the elementary school	3/21/2016 1:06 PM
93	Keep the same	3/21/2016 1:03 PM
94	I think this options would be difficult for working parents of young children that can't be home alone	3/21/2016 1:01 PM
95	i dont have kids in the lower grades. The later start time would benefit my 7th grader.	3/21/2016 12:54 PM
96	Wouldn't work for my family would probably have to school choice my youngest else where	3/21/2016 12:53 PM
97	too early for young kids	3/21/2016 12:46 PM
98	More time for a good morning start and less time in aftercare	3/21/2016 12:41 PM
99	Its actually earlier than now - no thanks	3/21/2016 12:37 PM
100	Too late on both ends.	3/21/2016 12:36 PM
101	My children play lots of sports and the late end time would not be conducive to their schedules.	3/21/2016 12:36 PM
102	Not good for elementary school	3/21/2016 12:27 PM
103	Later for the high school which is good; but earlier for the younger ones means more after school care required.	3/21/2016 12:25 PM
104	Child care is a huge issue. I have everything planned out for drop off and pick up. The high school kids don't need before care or after care. This is going to be a huge impact on working families.	3/21/2016 12:19 PM
105	too early for growing little kids	3/21/2016 12:16 PM
106	I think 7:30 is too early for any student--I would rather have students start and end their day later, rather than just switching the times.e	3/21/2016 12:15 PM
107	I think if they got a little bit more rest in the morning and not up so early you know the children would be more rested	3/21/2016 12:13 PM
108	This option makes the most sense based upon research.	3/21/2016 12:07 PM
109	start all schools a bit later, HS and Mid school out before the grammar schools	3/21/2016 12:06 PM
110	To disputed for working parents	3/21/2016 12:04 PM
#	Option 2:	Date
1	Too late in the day	3/28/2016 2:44 PM
2	Younger students getting home before older siblings makes no sense. Families who count on older students to babysit after school would be required to pay for daycare.	3/28/2016 1:11 PM
3	Works ok with parents work sch & kids sleep sch	3/28/2016 10:45 AM
4	730 start is way too early!!	3/28/2016 10:45 AM
5	too early for pre-k-2	3/28/2016 9:54 AM
6	More ridiculous	3/28/2016 9:48 AM
7	Too early for Quashnet	3/28/2016 9:40 AM
8	if times must be changed this would be the best compromise	3/28/2016 9:34 AM
9	Same concern as option 1	3/28/2016 9:14 AM
10	I no longer have kids in elementary level but I think it would be best to send later however I understand it would be problematic for parents work schedules	3/28/2016 9:06 AM
11	Older child home to watch younger child	3/28/2016 8:52 AM
12	Would not consider	3/27/2016 10:42 PM
13	What to do w/little ones rest of day when parents working? Too long a day when most wouldn't be home till 4-6pm.	3/27/2016 7:27 PM
14	Closer time from above	3/26/2016 2:37 PM
15	Too early for younger kids	3/26/2016 7:59 AM
16	Way too early to be dismissed. Would have to leave work early to get child off bus	3/25/2016 11:12 PM
17	A 7:30 start for us at Coombs/ Quashnet would be miserable. We struggle in the mornings to be ready and at school by 8:20.	3/25/2016 4:35 PM
18	Same as option 1 .	3/25/2016 4:25 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

19	7:30 start for Elementary school is ridiculous	3/25/2016 1:16 PM
20	Way too early for the youngest kids. My kids go to bed at 7pm and get up at 7am.	3/25/2016 11:59 AM
21	Could make this work if had to but if the day is longer will the after care price go down?	3/25/2016 11:31 AM
22	Too Early	3/25/2016 11:29 AM
23	Way too early start time for young children	3/25/2016 10:44 AM
24	Like the older kids going later	3/25/2016 9:49 AM
25	Babysitting issues	3/25/2016 9:17 AM
26	I think school is to prepare students for their future and 8 can't see you going to your job and saying I have to start later to get my sleep. Also what about students in sports?	3/25/2016 9:11 AM
27	too early for kids to function	3/25/2016 9:09 AM
28	HS Kids do not like to go to bed early	3/25/2016 9:06 AM
29	Good option as well, but I think the extra 15 min. for both groups in option 1 is preferable and advantageous, especially in the dark winter months.	3/23/2016 7:37 PM
30	Same as above: 7:30 is too early for an elementary school student who goes to bed at an appropriate bedtime. I would not be waking him up earlier in order to make a 7:30 start time.	3/23/2016 11:44 AM
31	A bit early for HS, good time for grade schools	3/22/2016 9:36 PM
32	Concern over later dismissal being darker	3/22/2016 9:23 PM
33	This is too early for K-2 to start their day.	3/22/2016 8:45 PM
34	Would mean more use of after school programs for the younger grades which means an added expense to families	3/22/2016 11:15 AM
35	Way to late for staying after, then sports, then homework....Bedtime would be even later for almost all children and defeats the purpose.	3/22/2016 8:57 AM
36	too late to start; after school activities/sports getting home later	3/22/2016 8:39 AM
37	an extra hour of sleep would be good for adolescent childre. When puberty kicks in it puts a lot of stress on a growing child's body.	3/21/2016 9:38 PM
38	start time for Quashnet / Coombs school before 8:00 would be very difficult on children given morning routine	3/21/2016 9:27 PM
39	Too early for young children	3/21/2016 9:05 PM
40	Not good	3/21/2016 8:30 PM
41	I'd rather my oldest child be home before my youngest	3/21/2016 7:32 PM
42	This choice also works well	3/21/2016 6:48 PM
43	To late of a start	3/21/2016 6:04 PM
44	7:30 is too early for any child. My 5th grader doesn't get enough sleep now. I can't imagine him being ready to learn at 7:30.	3/21/2016 5:17 PM
45	Same as option 1	3/21/2016 5:05 PM
46	Still more sleep than 915, and also parents could still get to work on time	3/21/2016 4:49 PM
47	7:30 too early for younger students	3/21/2016 4:45 PM
48	Dumb	3/21/2016 3:21 PM
49	Too early for smaller kids	3/21/2016 3:00 PM
50	I don't feel the younger kids should start earlier than middle/high school kids	3/21/2016 2:43 PM
51	I don't want to change any times	3/21/2016 2:28 PM
52	see option 1	3/21/2016 2:24 PM
53	6:45am on the school bus at 7 years old. In winter, it will be dark and icy.	3/21/2016 2:21 PM
54	I would not support an option that starts our elementary schools earlier.	3/21/2016 1:57 PM
55	Same as above	3/21/2016 1:48 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

56	Start times seems early for QS/KCC age groups	3/21/2016 1:47 PM
57	Dismissal would be too early and problematic to working parents.	3/21/2016 1:46 PM
58	Horrible option #1, I know plenty of high schoolers babysit others after school.	3/21/2016 1:46 PM
59	My younger kids 7&11 will have a very difficult time getting on a 6:30 bus. They sleep till 6:30-6:45	3/21/2016 1:46 PM
60	Way too early in the morning, and way too early in the afternoon for working parents.	3/21/2016 1:45 PM
61	Option 2 is great, as littler kids still get their 11-12 hrs of sleep in with a bedtime of 7pm. As a mom of three, those young kids are up before 7 anyway, so getting more afternoon time at home is great.	3/21/2016 1:42 PM
62	Somewhat close to current times	3/21/2016 1:36 PM
63	Too early to get little kids ready and out the door	3/21/2016 1:27 PM
64	Way too early for the elementary school	3/21/2016 1:06 PM
65	No need to change	3/21/2016 1:03 PM
66	I think this options would be difficult for working parents of young children that can't be home alone	3/21/2016 1:01 PM
67	Would not work for my family. Would look into school choice elsewhere	3/21/2016 12:53 PM
68	too early for young kids	3/21/2016 12:46 PM
69	Works well for our family, and we can get weekly Dr appts after school	3/21/2016 12:41 PM
70	Not sure the littler kids need to start that early either (though they are often up earlier naturally)	3/21/2016 12:36 PM
71	Not good for elementary school	3/21/2016 12:27 PM
72	Pretty much swaps the two - but not terrible - still an early out for the younger kids	3/21/2016 12:25 PM
73	too early for growing little kids	3/21/2016 12:16 PM
#	Option 3:	Date
1	Too late in the day	3/28/2016 2:44 PM
2	My kids had this schedule in another school district. They woke up when their body had gotten enough sleep. They startd the day energizd. And high school studnts weren't home unattended for hours afterschool. His when many highschoolers get into trouble with alhol,drugs and sex.	3/28/2016 1:11 PM
3	I think these are ending a little late in the day for KC and Q.	3/28/2016 10:53 AM
4	Parents will be late too work often	3/28/2016 10:45 AM
5	This is best because the high school can get sleep but still be out before the younger children and be available to babysit	3/28/2016 10:45 AM
6	for those that work at 9...makes it tight to be there on time	3/28/2016 9:54 AM
7	Best Solution	3/28/2016 9:48 AM
8	Same concern as option 1	3/28/2016 9:14 AM
9	Like	3/28/2016 8:52 AM
10	Would not consider	3/27/2016 10:42 PM
11	Too late end for little- they're tired. Teens only allowed jobs from 3-6 wouldn't be able to start work on time. Many need \$.	3/27/2016 7:27 PM
12	I feel too early	3/26/2016 2:37 PM
13	Start time after 9:00 affects work hrs.	3/26/2016 7:59 AM
14	915 too late to start their day	3/26/2016 4:55 AM
15	Too late of a start time. Parents need to get to work earlier than that	3/25/2016 11:12 PM
16	If earlier times don't work out, I think it's fine as is.	3/25/2016 4:25 PM
17	I just don't agree with a start time this late.	3/25/2016 11:59 AM
18	Could make this work if had to but if the day is longer will the after care price go down?	3/25/2016 11:31 AM
19	A little late	3/25/2016 11:29 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

20	Don't like how late they get home	3/25/2016 9:49 AM
21	yes	3/25/2016 9:39 AM
22	best option!	3/25/2016 9:30 AM
23	Better for working parents	3/25/2016 9:17 AM
24	Same as 1	3/25/2016 9:11 AM
25	too late of a start - inconvenient for parents	3/25/2016 9:09 AM
26	Kids need more sleep than they think.	3/25/2016 9:06 AM
27	Only if there was a delayed bus for Quash/KCC that dropped kids after MMHS bus drop.	3/24/2016 8:10 PM
28	Elementary students would finish too late to facilitate extra curricular activities. More importantly, this age group is awake early and ready to go. Capitalizing on that with an earlier start time is advantageous for all concerned in different ways.	3/23/2016 7:37 PM
29	I think 9:15 is a little late to start, but this option is more palatable than an EARLY start that forces young students to be awakened rather than follow their natural sleep cycle.	3/23/2016 11:44 AM
30	A bit late for HS, and too early for grade schools	3/22/2016 9:36 PM
31	Would mean more use of before school programs which in turn is another expense for families. While also meaning the school buses are not dropping off some kids til 4:30pm. Meaning less family time, less time for homework etc.	3/22/2016 11:15 AM
32	No change, would keep the same bedtime in my house, and its up to parents to make sure children get enough sleep not the school. I believe it will not change bedtimes for any students.	3/22/2016 8:57 AM
33	too late to start; after school activities/sports getting home later	3/22/2016 8:39 AM
34	Most people need to be at work between 8:00 and 9:00. How are younger children going to be able to get themselves on the bus. That would mean more people having to get care in the morning at the school.	3/22/2016 8:29 AM
35	Difficult for working parents. An option if care is available.	3/22/2016 7:13 AM
36	start time for Quashnet / Coombs school after 8:30 would be impossible for many working parents including my family	3/21/2016 9:27 PM
37	Too late-kids become too distracted st home	3/21/2016 9:05 PM
38	this option would work best for my current work schedule	3/21/2016 7:32 PM
39	To late of a start	3/21/2016 6:04 PM
40	3:45 too late for dismissal. Students would be getting home after dark.	3/21/2016 5:17 PM
41	This option is nice for the younger kids that need more time in the morning to get ready, sleep and adjust to new schedules	3/21/2016 5:05 PM
42	The start time now is crazy. My 5 year old has to get up about 645 to start his day	3/21/2016 4:49 PM
43	Reasonable option	3/21/2016 4:45 PM
44	Dumb	3/21/2016 3:21 PM
45	Get out too late to have any outdoor time in the winter months	3/21/2016 3:00 PM
46	time is close to too early for morning schedules; more time in the evening would be advantageous	3/21/2016 2:24 PM
47	kindergartners will all be asleep on the bus ride home. could be a plus or minus	3/21/2016 2:21 PM
48	I like this option best because it would push back start times the longest for all grades. It also ends the school day closer to the end of the work day, which could help some parents.	3/21/2016 1:57 PM
49	Older siblings can help w/younger after school	3/21/2016 1:47 PM
50	This option sucks but isn't the worst option	3/21/2016 1:46 PM
51	This is too late and would Make me late for work in the AM	3/21/2016 1:46 PM
52	I really enjoy this option, as it allows me to work much later.	3/21/2016 1:45 PM
53	I think the late afternoon for young kids is too late of a day for their little heads. They will be crashing by 3pm, and ready for bed a mere 2 hours after home from school.	3/21/2016 1:42 PM
54	Too early	3/21/2016 1:36 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

55	Having kids in school until almost 4 feels really late, especially for the little ones	3/21/2016 1:27 PM
56	Too late of dismissal for elementary school	3/21/2016 1:06 PM
57	No need to change	3/21/2016 1:03 PM
58	better for both the older kids and younger kids	3/21/2016 1:01 PM
59	Wouldn't work at all for my family	3/21/2016 12:53 PM
60	your telling our young adults its ok to stay in bed instead of being responsible	3/21/2016 12:46 PM
61	Too late to get to allergy dr appt and would have to take him out of last period on a regular basis.	3/21/2016 12:41 PM
62	Would be my first choice for start time, but 3 would be tough on the other end	3/21/2016 12:36 PM
63	Seems really late for the younger kids and makes working for parents harder as 9:15 cuts into a 9-5 job.	3/21/2016 12:25 PM
64	9:15 is too late for working parents	3/21/2016 12:16 PM
65	Later start time for younger kids is inconvenient and disruptive to working parents schedule.	3/21/2016 12:14 PM
#	Option 4:	Date
1	realize that some feel little kids are also not awake too early..	3/28/2016 10:53 AM
2	Parents will be late to work DAILY	3/28/2016 10:45 AM
3	Reasonable	3/28/2016 10:45 AM
4	This start time would be the latest I would approve. I feel that if start times were any later it may provoke laziness. The teens that do go to bed at reasonable times & wake up early with no issues, earlier start time might prove to backfire on them.	3/28/2016 10:08 AM
5	would be fine if the children can get into the school by 8:50	3/28/2016 9:54 AM
6	Not a bad idea	3/28/2016 9:48 AM
7	Quashnet times would be more ideal but I wouldn't like my son to start so late in Middle-High school	3/28/2016 9:34 AM
8	Same concern as option 1	3/28/2016 9:14 AM
9	Like	3/28/2016 8:52 AM
10	Kids that have after school job/activities will not be able to if they get out later.	3/28/2016 8:50 AM
11	Would not consider	3/27/2016 10:42 PM
12	Best if have to change- closest to current, youngest in school latest (but they get very tired at end of day.)	3/27/2016 7:27 PM
13	I feel is to early for children to go	3/26/2016 2:37 PM
14	An extra 45 mins for older kids would be helpful	3/26/2016 7:59 AM
15	Same as #3	3/26/2016 6:41 AM
16	Too late of a start time. Parents need to be a work earlier than that	3/25/2016 11:12 PM
17	Research shows that sleep deprivation affects students at all grade levels. This option will address a wider group of students.	3/25/2016 5:50 PM
18	This is really difficult for working parents if they need to be at work for 8:30 or 9am!!	3/25/2016 5:23 PM
19	I like to Coombs/Quashnet schedule on this option. We drop our son off in the morning and start work at 9 so this would work best for our situation. This would be convenient in the morning and give him less time spent in after care.	3/25/2016 4:35 PM
20	Good time for MMHS, way too late of a start for KCC and QS	3/25/2016 4:25 PM
21	I don't mind this option but I still like the existing scheduled hours.	3/25/2016 11:59 AM
22	Way to early for youger children; how will this effect end of day aftercare \$	3/25/2016 11:31 AM
23	I think it's perfect time with enough sleep. Bus picks up at an hour before so would have enough sleep and prep in morning	3/25/2016 11:29 AM
24	Too late to start	3/25/2016 10:44 AM
25	Don't like how late they get home	3/25/2016 9:49 AM
26	Best option for kids with working parents	3/25/2016 9:17 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

27	I question families that have multiple f children where the older child watches the younger kids while the parents are at work.	3/25/2016 9:11 AM
28	too late of a start - inconvenient for parents	3/25/2016 9:09 AM
29	Preferable to option 3 because it gives time to get a child to a 4 pm extra curricular activity.	3/23/2016 7:37 PM
30	9 a.m. is a little late to start, but if we must address this, this option makes the most sense.	3/23/2016 11:44 AM
31	Perfect for HS, but WAY too early for grade schools!	3/22/2016 9:36 PM
32	This seems to have the least impact either way-earlier or later school day start	3/22/2016 8:45 PM
33	Would mean more use of before school programs which in turn is another expense for families. While also meaning the school buses are not dropping off some kids til 4:15pm. Meaning less family time, less time for homework etc	3/22/2016 11:15 AM
34	to late for any help after school, and sports games to be played, which would lead to homework and bedtime in my house being much later. Less sleep for my children in this option	3/22/2016 8:57 AM
35	too late to start; after school activities/sports getting home later	3/22/2016 8:39 AM
36	Same as above.	3/22/2016 8:29 AM
37	Same as option 3.	3/22/2016 7:13 AM
38	start time for Quashnet / Coombs school after 8:30 would be impossible for many working parents including my family	3/21/2016 9:27 PM
39	Too late-kids become too distracted at home	3/21/2016 9:05 PM
40	would be better for each student in our family	3/21/2016 8:30 PM
41	If MMHS needs to begin later than 7:30, this also works with my schedule.	3/21/2016 6:44 PM
42	To late of our start	3/21/2016 6:04 PM
43	Perfect compromise. Children of all ages will be well rested and will still have time for after school activities.	3/21/2016 5:17 PM
44	Same as option 3	3/21/2016 5:05 PM
45	Why should the younger kids start before the older kids?	3/21/2016 4:49 PM
46	Most reasonable	3/21/2016 4:45 PM
47	Best possible times	3/21/2016 3:48 PM
48	Dumb	3/21/2016 3:21 PM
49	I like this one	3/21/2016 3:00 PM
50	I feel this would be the best change if a change were to happen	3/21/2016 2:43 PM
51	Option not preferred. Would really start to cut into evening schedules	3/21/2016 2:24 PM
52	this is a win win. HS kids get more sleep. ES kids are not on the bus before sunrise.	3/21/2016 2:21 PM
53	This option is an improvement over the status quo, and would accomplish the goal of addressing the research.	3/21/2016 1:57 PM
54	Older siblings can help w/younger after school,MMHS start time better than 7:30 for that age group.	3/21/2016 1:47 PM
55	a later dismissal would be helpful to working parents that leave work to meet the bus	3/21/2016 1:46 PM
56	This wouldn't be an absolutely horrible solution.	3/21/2016 1:46 PM
57	Cutting it close for me getting to work in the AM	3/21/2016 1:46 PM
58	This is my second choice.	3/21/2016 1:45 PM
59	this is great as it's an easy adjustment for both schools and the older children are home before the youngest, which is very helpful for parents who use their teens as childcare on workdays.	3/21/2016 1:42 PM
60	Too late	3/21/2016 1:36 PM
61	Best option of the new times	3/21/2016 1:27 PM
62	Too late of dismissal for elementary school	3/21/2016 1:06 PM
63	No need to change	3/21/2016 1:03 PM
64	Would be horrible for my famoly	3/21/2016 12:53 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

65	same as opt 3	3/21/2016 12:46 PM
66	Would be fine-just makes it difficult to go from school to daily errands	3/21/2016 12:41 PM
67	Would be my second choice start time, but I think 2:45 end time is best for those who work or play a sport/instrument	3/21/2016 12:36 PM
68	older children need to watch younger sometimes	3/21/2016 12:29 PM
69	Seems a little better - later for the high school kids and later for the younger kids - out at a semi-reasonable time.	3/21/2016 12:25 PM
70	If the elementary schools start later I will have to pay for before care which I'm already paying for aftercare.. It's an expense that I can't afford.	3/21/2016 12:17 PM
71	not ideal but better for working parents	3/21/2016 12:16 PM
72	don't like younger grades getting out earlier than HS and Middle school - often needed older kids to watch the younger ones while at work	3/21/2016 12:06 PM
#	Option 5:	Date
1	I really don't want to change	3/28/2016 11:36 AM
2	kida will have to get up too early to make bus (I.e. 5am)	3/28/2016 10:45 AM
3	works great.	3/28/2016 9:54 AM
4	Not a good idea	3/28/2016 9:48 AM
5	no	3/28/2016 9:34 AM
6	I have had other children who have graduated Mashpee High and the current start and end times have worked. I do not believe a change in time would be advantageous. Children participate in sports after school which is an important part of their life. Bonding, working as a team, etc. If my son were to arrive home even later at night after an away game, I know he would not do his homework that night. It would add even more stress and anxiety for him. I don't think we should try and fix something that is not broken.	3/28/2016 9:14 AM
7	Like	3/28/2016 8:52 AM
8	Keep this option	3/27/2016 10:42 PM
9	Best for kids- used to time- good prepare for real world (jobs/college)- oldest best on own after school compared to young(parents working!) sports would go even later. Teens would stay up later if start time later! No better sleep.	3/27/2016 7:27 PM
10	yes	3/27/2016 12:33 PM
11	Way too early	3/26/2016 2:37 PM
12	Very late start time makes morning work schedule impossible	3/26/2016 9:26 AM
13	I don't have any issues with current start times	3/26/2016 7:59 AM
14	Way too early	3/26/2016 4:38 AM
15	Closest time frame to what we are currently doing. The times we have now work!!!! Why change it?	3/25/2016 11:12 PM
16	This is very difficult for working parents!!!	3/25/2016 5:23 PM
17	Way too early to wake up, child wakes up @ 4:50am just to get ready and make the bus on time for 6:35am	3/25/2016 5:15 PM
18	Too late of a start and end of school day for all involved. Extracurricular activities and sports will run later causing less time or a later time devoted to studies. I do not like this plan at all.	3/25/2016 4:25 PM
19	Way too early for kids to get up eat and get bus!	3/25/2016 12:37 PM
20	I like the hours as they are.	3/25/2016 11:59 AM
21	Way too early for younger children; how will this affect end of day aftercare \$	3/25/2016 11:31 AM
22	A little too early for kids	3/25/2016 11:29 AM
23	After having a conversation with my students, both are very comfortable with the start time. They feel that a later start with push sports/extracurricular activities back to late.	3/25/2016 10:12 AM
24	I think the older kids will do better with the late start time	3/25/2016 9:49 AM
25	way too early for growing kids to wake up!	3/25/2016 9:30 AM
26	Still early for high school age but okay	3/25/2016 9:17 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

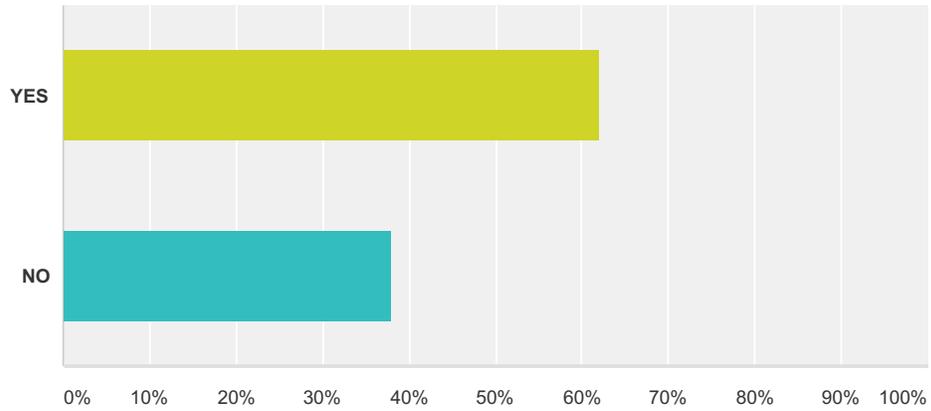
27	Same as 4	3/25/2016 9:11 AM
28	I think this is the most reasonable option for both levels	3/25/2016 9:09 AM
29	Too early and normally wakes up with a head ache	3/25/2016 9:06 AM
30	I think the schedule should stay the same as most working parents jobs start at 8:00am - how are we supposed to get our kids to school and be able to make it to work on time. It doesn't work.	3/24/2016 2:21 PM
31	The current schedule does not work with the rhythm and needs of a teenager's sleep needs and patterns. All research suggest a meter start time is best.	3/23/2016 7:37 PM
32	I don't mind the way things are now. But I've read the research, and it does seem like we need to make some adjustments.	3/23/2016 11:44 AM
33	HORRIBLE HORRIBLE HORRIBLE! Too early for HS!	3/22/2016 9:36 PM
34	Allows after school jobs and activities to stay the same	3/22/2016 11:15 AM
35	Late start means late night with honework,sports,and jobs	3/22/2016 8:57 AM
36	the time works for after school activities and sports; otherwise getting home to late and being to tired to eat and do homework	3/22/2016 8:39 AM
37	I don't like the later times because by the time home from school and homework done, there is no time for outdoor play, extracurricular activities, etc leading to more sedentary lifestyles. It would be school, homework, dinner, bath, bed. No free time.	3/21/2016 10:47 PM
38	Horrible schedule requiring 6am wakeup	3/21/2016 9:42 PM
39	The only reasonable option in my mind	3/21/2016 9:27 PM
40	We have become accustomed to the schedule and have jobs	3/21/2016 9:25 PM
41	Seems like a good balance	3/21/2016 9:05 PM
42	This is the only option that allows me to reach work on time.	3/21/2016 7:57 PM
43	We'd really like to see this time changed, so this is the least favorite choice	3/21/2016 6:48 PM
44	I prefer this option mostly because my schedule works with it.	3/21/2016 6:44 PM
45	Only time we have to get kids to school due to our jobs	3/21/2016 6:04 PM
46	Option 4 is to early again for younger children	3/21/2016 5:05 PM
47	5 year olds shouldn't be going to school that early, and most definitely not before the older kids	3/21/2016 4:49 PM
48	No change would be awful! I watch my daughter walk to the bus in the dark most of the year. Her bus arrives at 6:45. After an afternoon of sports and homework the night before, she just isn't getting enough sleep. All student's learning would improve with a little more sleep.	3/21/2016 4:45 PM
49	The current times for my children to start and end school is perfect for my work schedule. Any other times would really inter with that.	3/21/2016 4:04 PM
50	2:00pm is to early for the little ones to get out of school and have to get off the bus with no older sibling home.	3/21/2016 3:40 PM
51	Intelligent	3/21/2016 3:21 PM
52	keeping the time the way it is makes most sense.	3/21/2016 3:19 PM
53	I don't think the current times are too bad	3/21/2016 3:00 PM
54	Option not preferred. Kids would have to be up very early.	3/21/2016 2:24 PM
55	way to early for our teenage students	3/21/2016 2:21 PM
56	I think we can do better than what we're doing.	3/21/2016 1:57 PM
57	Too early for MMHS age group.	3/21/2016 1:47 PM
58	Current timing works well and parents have already adjusted their schedules at work to accommodate.	3/21/2016 1:46 PM
59	Keep this!	3/21/2016 1:46 PM
60	I do not support a change in time. Actually this schedule works perfectly with my children and myself. My high school male in 11th grade has no troubles a getting up in the morning. My little ones however need that 30 min of extra sleep. For us it would cause anxiety to change the hours:	3/21/2016 1:46 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

61	I really dont like this option but it isnt as bad than option 1 or 2.	3/21/2016 1:45 PM
62	Too late	3/21/2016 1:36 PM
63	The current time works well, I have no problems with it.	3/21/2016 1:27 PM
64	I think this is the best option to leave it the way it is. Not only for the children but the parents.	3/21/2016 1:20 PM
65	The current times are working for our child. I do not want to see them changed.	3/21/2016 1:15 PM
66	Like it the way it is	3/21/2016 1:06 PM
67	Too late	3/21/2016 1:03 PM
68	Works great. My eldest gets my youngest off bus. Early start allows my eldest to play club sports off cape	3/21/2016 12:53 PM
69	we did it and were fine.	3/21/2016 12:46 PM
70	TOO Early for child to get up and have breakfast, and too much time at aftercare.	3/21/2016 12:41 PM
71	TOTALLY AGREE HIGH SCHOOL KIDS HAVE DIFFERENT SCHEDULES	3/21/2016 12:38 PM
72	I don't see a problem w current schedule	3/21/2016 12:37 PM
73	Really support a change from current	3/21/2016 12:36 PM
74	What we currently have - not too bad but sometimes seems early for the older kids	3/21/2016 12:25 PM
75	it would best great if quashnet/coombs stayed as is and middle and high school could start later.	3/21/2016 12:16 PM
76	Students would be getting home too late in the afternoon and that start time is difficult for working parents.	3/21/2016 12:11 PM

Q7 At this stage in the process, should the School Start Time Committee (SSTC) continue its work which could ultimately lead to a recommendation being made to the School Committee that the Mashpee Middle-High School have a later start time?

Answered: 377 Skipped: 14



Answer Choices	Responses
YES	62.07% 234
NO	37.93% 143
Total	377

Q8 Do you have any other comments, questions, or concerns?

Answered: 128 Skipped: 263

#	Responses	Date
1	The studies do not suggest younger students will be fine starting at 7:30am. They focus on older students. There is no mention, in the studies provided, stating K thru 6 will be getting less sleep than they do now. I think the option to move younger kids to an earlier time is a grave mistake in this regard. It would also result in some families, like mine, who would then have to pay for afterschool daycare until getting out of work instead of having older siblings home to babysit.	3/28/2016 1:11 PM
2	The time of KC Coombs is a perfect time. It doesn't need to be changed. However, I would agree that the high school time should be changed, it is too early.	3/28/2016 12:17 PM
3	Allowing children to sleep later makes a big difference in their affect for the am classes. By 2nd period it is better.	3/28/2016 12:16 PM
4	I really don't want to change the start time, but I will admit a slight delay in the start time is good that is why I ranked Option 1 as #2.	3/28/2016 11:36 AM
5	I have a difficult time as it is with the hours and our families schedule. If time changes it may add a financial burden on my family and due to our work schedule it wouldn't make a difference for my child as he would be in before school and after school care.	3/28/2016 11:06 AM
6	This should have happened a long time ago. My son's HS experience would have been a lot better and productive had we had later starting times. I don't know why so much research has been ignored for so long. Nauset was able to change years ago; sports still happen. Who goes to bed earliest and gets up earliest? yes the little kids. Who goes to bed the latest and gets up the earliest; yes the big kids. Too late for my son, but make it better for the next generation of high schoolers. Last year we had a one hour snow delay and my son came home and said what a difference in the kids. I had suggested to Dan P. that he not have a meeting with my son first thing. Of course Dan said Thanks for the heads up. I realize that there will be resistance; when I spoke to Mrs. Arnold a few years ago; she absolutely disagreed with switching things around.	3/28/2016 10:53 AM
7	I think it is great that you are taking this forward !!	3/28/2016 10:45 AM
8	This start time (8:15) would be the latest I would recommend, especially for those who rely on getting to school by bus. If you're at the start of the bus route it's most likely a very early pick up. I feel that if start times were any later than this it may provoke laziness and/or laxity. There has to be a balance. The teens that do go to bed at reasonable times & wake up early with no issues might suffer. An earlier start time might prove to backfire on them. There are no schedules that could possibly get every student on the same circadian rhythm. Different boundaries are set by different parents when it comes to bedtime & electronics leading up to sleep. Too many parents think children's electronics are a necessity when in fact they are a privilege. More attention should be on guidance for parents on quantity and usage of electronic devices.	3/28/2016 10:08 AM
9	MHS 7:50 - 2:30 ----- Quashnet and KC 8:35 - 3:05	3/28/2016 9:54 AM
10	I'm glad to see this is being addressed. During the winter, as my son has to walk along a highway in the dark to his bus stop, I worry about his safety. I think the students would be fresher for school with a later start as well.	3/28/2016 9:48 AM
11	It would be great for me as a part-time working parent to have the least amount of time between start times. This would enable me to get them off to school and be home for them when they get home.	3/28/2016 9:40 AM
12	maybe lifestyles need to be adjusted....school trains people to wake up early as needed to take care of responsibilities, get up and be productive during the day rather mischief at night, teaches the need for discipline to take care of business and get to bed for needed sleep, prioritize daily activities with school being at the top!	3/28/2016 9:34 AM
13	Suggest looking closer at bus schedules and routes to tighten up schedules, possibly allowing for max 30 min difference between start times of lower and upper schools. Many busses are often half empty, not being fully utilized on routes that can take up to 45 minutes. Some kids are getting on busses 45 mins before school starts when they only live 10 minutes away. Schools have already shaved many minutes out of the day by reducing recess, or lunchtime (which needs to be longer). Would prefer to see less time spent on busses and a 6 hr instead of 6.5 hour school day, like most towns have. If the goal is to allow children more healthy sleep habits, minutes should be adjusted throughout the day, not just at start time.	3/28/2016 9:24 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

14	Beware of the diservice you'll do to the families that rely on the older children to take care of the younger kids it's not the family's fault but due to society today families need to work two jobs and they rely on the older child that help raise and support the younger child and if the older child is not home to take care of the young child you're putting more stress on the families to find daycare and help and not many of us can do that today	3/28/2016 8:52 AM
15	I appreciate the student focused approach but hope you Consider the implications on family's work schedules. Lost wages. Ever consider starting both at the same time and expanding bus service. Even for a fee. This might be cheaper for Families then paying before and after day care. After school activities expanded but need to go without breaks toaccomidate family needs. I agree with the focus of the committee but have a large concern to the community impact. It will cost me more to implement these changes but I can afford it. I am concerned for the families that can not...	3/28/2016 8:32 AM
16	Parent work schedules are sometimes quite difficult to change. Changing them may cause personal and financial stress for already struggling Mashpee families. Also, children may be left to fend for themselves in the mornings to get ready for school and get themselves to the bus if parents are unable to modify work schedules.	3/28/2016 7:11 AM
17	There is significant evidence indicating that students who start school later in the am tend to be more awake, oriented, and focused. Plus, young minds require more sleep hours than adults to function better. Student's attention does not really kick in until later in the morning. Starting school at 8:15 or 8:30 am is more ideal than 7:30 am. It also gives students a chance to eat breakfast at time their stomachs can handle it. Eating at @ 6:00 am is too early for some students who can't quite hold down a breakfast at that time with getting ready to go to school.	3/28/2016 2:31 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

18	<p>Dear Committee Members, First, I would like to say thank you for your service to attempt to parse through information to make an educated decision on what you feel would have the best interests of Mashpee's school children at heart. I am sure it is an earnest attempt, however, the science, although quite easy to follow and I am sure is backed by many clinical studies, is an idealistic vision at best. Regardless of what the science has to say, the science is not the reality, but in fact a perception of what, in an ideal world with perfect schedules, would be the best option for our children. My child's typical day..... Up at 6am, driven to school at 7am After school program which runs till 3:30pm, late bus arrival home at 4:15pm. Walk the dog till 4:45pm. Start, on the average, 2 and 1/2 hours of nightly busywork (whoops, I meant homework). Dinner at 5:30pm. Get ready to go to extracurricular activities till 8:30pm Return home at 9pm, resume completing the final 1 hour and 45 minutes of homework. Start shower at 10:45 pm (sometimes done in the morning, but just trading timeframes) in bed asleep at 11:30pm. Total sleep = approximately 6.5 hours My point? Starting school later in the morning, will not change the things that have to fit into real life. Ending school later, will just cause things to be extended later into the evening. So, by tacking on another 1 hour and 15 minutes to the school's end time, my child's bed time will just become 12:45 AM, which quite frankly is absurd. I, for one, have no intention of staying up that late as I have a job and I cannot in good conscience go to bed before my child. So by trying to improve the health of the children, you are inadvertently ruining the health of the caregivers, because lack of sleep has been proven to cause weight gain and increases heart disease risk even more so, the older we get. The weight gain can cause other health issues etc. I also would not be able to work, as my boss would not like me having to come into work late everyday, to accommodate the later start time of my child's school, nor would I be comfortable, leaving my child home to catch the bus by themselves. What if for some reason, they missed it? Now there is no way to get to school for the day. My child also plays a seasonal sport at school, in addition to extracurricular activities. With a later end time to the school day, does that mean my child will have to leave school earlier to accommodate away games with schools who are not on this same schedule? I would not be in favor of my child missing an hour or two of classes at the end of the day. Then if the games are scheduled later, it only results in my child coming home later and starting homework, etc., later and still going until the wee hours of the morning. What about the science that has discovered there is a gene that determines if you are an early riser or a late sleeper? Is the committee looking into those studies as well? To generalize that all young teenagers need this extra sleep is not sufficiently proven. As a child, I shared a room with my sister. Right about high school age, I averaged about 6 hours sleep a night and felt great! To this day, that is still the amount of sleep I need to feel my best! In fact, when I slept longer than that, I often felt tired and sluggish. (My own child has recently said the same thing to me about sleeping in on weekends, so they are now getting up earlier and say they feel better.) My sister, however, was miserable unless she had at least 9 hours of sleep and is still that way to this day. Of course, this is a very small case study comparing just my sister and me, but I think it proves the point of not making generalizations. I also feel we, as a society, molly-coddle our children too much. They are awarded and praised for mere effort and participation, while the children who are carrying the ball, are lumped in with the rest. This is not a real life expectation. Not everyone wins in real life, not everyone gets into the college of their choice, not everyone can be the star of the team, the sooner we instill responsibility in our children, the better we are preparing them for life. Saying it's "okay" to sleep in, only further fosters the irresponsible way our society behaves. When you have a job, your boss is not going to say it's "okay" to sleep in. By the time a child is a teenager, if they have a lot of balls in the air, the sooner they should learn to manage that, which includes managing the amount of sleep. They are still "teenagers" growing and developing in college, and if they don't learn now how to manage their schedules, they will crash and burn in the real world. Most kids these days are involved in some type of extracurricular activity, whether it be sports, gymnastics, dance, Kung fu, piano lessons, an after school job, etc. The reality of the situation is, "real life" requires hours of commitment and we encourage our children in those endeavors. By ending school later and starting earlier, we are not providing our children any extra hours of sleep, we are changing the time frames of the amount of time they need for "real life". 9 hours for life's commitments and responsibilities starting at 2pm, runs till 11pm. 9 hours of life's commitments and responsibilities starting at 3:15 pm runs till 12:15am. It is all relative and will not change the amount of sleep, just the time of the sleep. And, just for reference, my child is an A+ student, who is never sick or misses school. My child doesn't complain of being tired and needing more sleep. My child is positively thriving. It's been proven that being active, improves your immune system and your overall health and well-being. For added reference, I was also an A+ student who excelled in college and am never sick. Perhaps it's genetics, I don't know, but I think we are making a gross error to generalize something "all teens need" in the guise of looking out for our children's well being. When, in reality, we will just upset a lot of family lives, and nothing will really change. 9 hours of real life, responsibilities and commitments is still 9 hours, no matter what the clock says, there is only so much time in the day and that's the reality.</p>	3/27/2016 10:42 PM
19	After school care would be needed for more hours costing parents more \$!	3/27/2016 7:27 PM
20	no thank you	3/27/2016 12:33 PM
21	I would like to see later times, I have 2 out of 3 children who are later early morning risers and would benefit from longer sleep.	3/27/2016 3:19 AM
22	Later start times will lead to more daycare costs for parents. Parents who currently rely on older children being home to take care of younger children will have to pay. Also a shift in school hours leads to after school activities running even later into the day. Kids don't spend enough time with their families as it is. And I envision hard core sports teams to have am practice. So those kids aren't getting the extra rest anyway. Another example how parents need to be parents and decide what's best for their kids. Make your kids go to bed on time!	3/26/2016 8:39 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

23	No	3/26/2016 8:29 PM
24	I approve and support the time change for a later time in the day. According to evidence based research children will learn better this way.	3/26/2016 2:37 PM
25	I feel there have been so many changes and problems in the district. We should make this be the last big change for a while.	3/26/2016 11:42 AM
26	Research shows teenagers benefit from a later start time both physically and mentally. It is also very concerning to me when I see students standing alone in the early dark hours waiting for a bus. My children are younger so I have more control over their sleep routines however I am concerned for in the lower schools riding a bus and the start time of the bus route. An early release is very helpful for all parents when scheduling Doctor, therapy etc less early release is required.	3/26/2016 10:02 AM
27	Current start times are appropriate	3/26/2016 9:19 AM
28	I think we should look into it. I am afraid that later dismissal times lead to later nights (after school activities and sports). Kids already have such full schedules-will this lead to trying to get more done in the evening than they already do?	3/26/2016 7:59 AM
29	What will the options be for before school care if a parent's work day is earlier than the elementary day start?	3/26/2016 6:41 AM
30	Please change the start time to 8:45am.	3/26/2016 4:38 AM
31	None thanks	3/25/2016 11:41 PM
32	If we change the start time to later in the morning, parents will end up needing to pay for before school care because they need to be at work. What we currently have for times now work. The kids are used to it. Why change it????	3/25/2016 11:12 PM
33	Great research. Keep up the good work & keep the focus on what is best for our children!	3/25/2016 10:09 PM
34	Doesn't really matter to me or my daughter. After school sports would put them in getting home late, add homework, dinner and shower, and they're Looking at midnight when they're through with homework.	3/25/2016 7:53 PM
35	We must continue to explore options for improving the mental health and academic preparedness of our students. There are districts who have implemented this change and have documented positive changes in several domains to include physical, affective and cognitive. Thank you to all the staff, parents and administrators who are dedicating time for this valuable research and exploration.	3/25/2016 5:50 PM
36	I feel that for young kids hey do better earlier in the day and when I need to be at work for 8:30 it's difficult to bring my preschool students for 8:30 it wold be even worse at 9 unless you are willing to provide a bus	3/25/2016 5:23 PM
37	Please change the start time to a later time. OUR children's brains and their growing process, depends on it! There are other States in New England who start @ a later time for School, and they do much better in Testing Scores than we do.	3/25/2016 5:15 PM
38	I support the idea of later start times. My answers today are based on the proposed Coombs/ Quashnet schedules. If the changes were to happen when my son is at MMHS, my responses would be different.	3/25/2016 4:35 PM
39	Starting earlier and ending earlier frees up the day for the student and the student athlete as well as those who participate in other extracurricular activities. Starting and ending later will cause those same kids to stay up later getting their work and studying done. I feel that starting and ending later could have the opposite result and the kids will get less sleep.	3/25/2016 4:25 PM
40	This has worked for Mashpee. Kids test scores improved don't change their schedule, it works	3/25/2016 4:02 PM
41	With 100% certainty I know my teenage student will benefit academically from starting school at a later time	3/25/2016 3:00 PM
42	They start latter where I have family in Vermont and it works well for the kids there.	3/25/2016 2:55 PM
43	Why are you wasting \$\$\$ on this. This is ridiculous, after all shouldn't we be saving \$\$ since the district has to come up with money for Hyde (who should have never been super in the first place). Maybe the focus should be on a new school committee, who hired an unqualified, egotistical person	3/25/2016 2:50 PM
44	If your going to change the start times I believe it should be later for both schools not earlier	3/25/2016 2:36 PM
45	Leave it alone! Welcome to the real world, jobs won't start later!	3/25/2016 12:41 PM
46	I feel that if an adjustment to start times were made to the middle/high school that would be fine. I worry about the preK through 4 or 5 the grade either getting up very early or starting after 9am. I like the KC Coombc schedule as it is.	3/25/2016 11:59 AM
47	I did not answer question #7, as it does not effect my kids as of yet. So I am not sure. Please keep in mind that parents work and a huge change in time could effect there employment. Not all employers will adjust there employees schedule due to a change in school start/end times;This more so pertains to parents with younger children.	3/25/2016 11:31 AM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

48	I feel the younger children are more alert in the morning. As the older kids aren't until late morning	3/25/2016 10:42 AM
49	Long overdue needed change.	3/25/2016 10:17 AM
50	At this time I only have a high school student left at home. I'm trying to be mindful of how this affects the families of the younger students. But, besides all the pediatric recommendations about start times, which I support, I also had concerns about middle and high school students being at the bus stop around 6:30 am. For a good part of the year the walk to the bus is in the dark. Adding in that commute time means a very early wake up for kids who would generally go to bed around 11pm. My best choices would be for an 8:30 am start time.	3/25/2016 9:53 AM
51	Please remember that many people rely on older siblings to get younger siblings off the bus at days end.	3/25/2016 9:15 AM
52	I understand that the idea is for children to get more sleep. My son gets out of school, does his homework and then has a set bedtime on school nights. I do not feel changing hours of start time to change the amount of sleep for children but that responsibility should be on the parents and making parents more educated about the importance of sleep.	3/25/2016 9:12 AM
53	Having the younger kids out earlier than the older kids would be hard for parents that need the older kids to babysit. Later start times should have early morning care for the students of parents that have to work at 9 am. You have to assume not everyone works in town.	3/25/2016 9:09 AM
54	Nauset Schools did this Five years ago and it made a big difference with tardiness, test scores, absenteeism, and parent sport participation.	3/25/2016 9:06 AM
55	Need more aftercare slots if you have younger kids dismissed before MMHS.	3/24/2016 8:10 PM
56	Most working parents jobs start at 8:00am - how are we supposed to get to work on time if you change the schedule??? Plus, I don't agree with the supporting information that your group committee provided, there was nothing to oppose it - if you look just on the internet you can find information that supports kids staying on the same schedule, it teaches them that they must be responsible for their own actions and to get to bed at a decent hour, if you change the schedule do you actually think the children will be more rested, no, instead they will go to bed later than usual because they will think that they can because they go to school later. Changing the schedule does nothing, its been tried, look on the internet for supporting articles, some schools have tried it and it doesn't work. The other issue is, what about the kids that are in high school who want to work, or have to work after school to help support themselves, clothes, cars, phones, now you are cutting into their time to work after school, shortening it and they will still have to do homework afterwards which means they might be staying up later because they will start work later and work later into the night trying to make up the time you took away from them, just doesn't make sense. It also doesn't teach the kids responsibility. I don't like it at all. Please leave it alone.	3/24/2016 2:21 PM
57	I am in the education field and have done readings about this and agree with many of the studies out there. I've also talked to people in districts who have done the switch and have heard many positive things about it. Also, as a parent of a teen boy who LOVES to sleep but stays up too late, I think this would help these kids get the necessary sleep they need to thrive.	3/24/2016 12:22 PM
58	I think it's a very positive step and shows that the Madhpee system is looking at the research out there that supports these changes, and doing so with a progressive mindset- one that truly supports the whole child, not just academically, but developmentally as well. This is great news and I believe such a change would result in a few positive surprises in terms of academic improvement (especially in the middle school/ high school age group) , due to less fatigue, less stress, greater concentration and productivity and easier transitions for kids entering middle school. Thanks for being aware and open minded to change!!!!	3/23/2016 7:37 PM
59	I am very concerned that in an attempt to benefit one segment of our student population -- the middle/high schoolers -- we could negatively impact our younger students. I am fully against starting the youngest students earlier in the morning. I do not believe using the conventional wisdom that young students "wake up earlier," is a legitimate rationale for starting them as early as 7:30 a.m.. If that is the only real option, that I think we should reject it. Of course, like all things, this comes down to money. If we REALLY believed that our students need to start later for their mental health and academic performance, than we would PAY to have more buses available that can get students where they need to be at the hour we find appropriate. In other words, we should not try to make improvements on the cheap. From reading the minutes, no where did I see any discussion about the possibility of investing more money in transportation in order to create a rationale start-time policy that benefits ALL students. (I also would say, in reading the supplied literature, there is no discussion about later/earlier start times and students in the K to 6 range. All we are presented with is evidence that later start times help older kids. So, there's some information missing. We don't want to make this decision in an intellectual vacuum."	3/23/2016 11:44 AM
60	The start time for High Schoolers should ABSOLUTELY be changed to a later time! Research bears this out big time! But, don't make dismissal too late (3:15, 3:30) as it will interfere with joining clubs/sports/work after school and still having time to do homework. Stand your ground and make the start time at least an hour later!!!!	3/22/2016 9:36 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

61	While I support a later start time for High School and Middle School, it seems the KC Coombs students will suffer the early start time. Getting a 4-7yr old onto a bus before 7am seems much too early. I realize this is a transportation issue but I think somewhere in the middle is the best.	3/22/2016 8:45 PM
62	I think my teenage children will be better able to perform and benefit significantly with a later school start time, going to school early when so many adults have not yet started their work day is not replicative of the real world	3/22/2016 2:11 PM
63	do best for student faver and and sutabel for our towen	3/22/2016 11:57 AM
64	In my opinion a later start time isn't going to guarantee that the MS/HS kids are going to go to bed any earlier. A lot of MS/HS students are involved in extra activities after school. We want our children to be well round individuals not just test takers.	3/22/2016 11:15 AM
65	If school starts later, everything after school whether being staying after for help with teachers, then getting to sports games. Those would all end later and homework would start later, meaning children would go to sleep later. Equalling the same amount of sleep. Its should be a parents concern that you monitor your childrens sleep times. Changing it will not gain anything in my opinion. After school activities will just get later and later...bedtime as well.	3/22/2016 8:57 AM
66	would this affect after school activities, such as playing sports against other schools with an earlier dismissal?	3/22/2016 8:46 AM
67	The schedule is set. Changing it affects the whole family, parents getting to work; picking up, etc. A later start does not fit into the mix. Plus sports and times getting home and doing their homework will be later.	3/22/2016 8:39 AM
68	Great idea! The literature shows students will thrive with mental, physical and academic health by implementing the 1 hour delay.	3/22/2016 7:36 AM
69	Should implement later start time in 2016-17! Why torture our teenagers for another year when the evidence is so clear and overwhelming?	3/21/2016 9:42 PM
70	Many families have adjusted their work schedule to accommodate the current school hours, which should not be changed. The proposed start time changes would make it impossible for many working families to adjust unless their employers were willing to make drastic changes, which is unlikely	3/21/2016 9:27 PM
71	I would like to see not only MMS but also Quashnet and KCC have later start times.	3/21/2016 9:03 PM
72	Yes we should go back to having Good Friday off.	3/21/2016 8:58 PM
73	Prefer the older students get dismissed before the younger ones.	3/21/2016 8:30 PM
74	A later start time would have devastating consequences to our family.	3/21/2016 7:57 PM
75	My concern is before & after care for working parents/latch key kids. I'd rather my oldest be home before my youngest. I agree that the start time for MMHS is too early though! I hope we can come to an agreement that works for all! Thank you for letting me have a voice in this matter!	3/21/2016 7:32 PM
76	Don't see any reason to push back the start of the school day	3/21/2016 6:04 PM
77	My concern with the later start times for the MMH is that 2 of my children would be getting on the bus with no one home. I would have to rely on the honor system with my kids in hopes that even in my absence that they would still get on the bus. Working for the school system I would start work when the Quashnet and Coombs school start. Being a single parent, I have to think of all options and which is best for them. I would like to think I can trust them to get on the bus but sometimes you never know.	3/21/2016 5:26 PM
78	I think kids are starting to early and waking up to early. Sleep is a big part of children's ability to learn. I have to wake my preschooler up early so we have time in the morning to snuggle, eat breakfast and get ready. I would rather have more time in the morning for a morning routine that didn't start so early.	3/21/2016 5:05 PM
79	I think having the older kids start before the younger kids is the most absurd thing I have ever heard. Anyone who agrees with this is out of their mind. All grades need to have a later start time	3/21/2016 4:49 PM
80	It's great that you are looking at the research and making informed recommendations about how to improve school performance and student engagement by looking at later start times.	3/21/2016 4:46 PM
81	I hope a change happens! My children go to bed between 8-9:00 every night and are still very tired when they wake up for the early start times in Mashpee. A bus time of 6:45 am is too early for an active, intelligent teen with a large amount of homework every evening. I applaud your efforts and thank you.	3/21/2016 4:45 PM
82	Thank you for considering parents and staff in your decision. Student safety and well-being should be the most important factor in this decision.	3/21/2016 4:43 PM
83	Thank you for addressing this important issue.	3/21/2016 4:43 PM
84	follow the science: sports, childcare, after school jobs are secondary!	3/21/2016 4:08 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

85	Leave as it	3/21/2016 4:04 PM
86	My children are always tired and grumpy in the morning as teenagers, regardless of how early the go to bed. When they were younger they had more energy earlier and were more alert earlier in the day and exhausted by the end of school	3/21/2016 3:53 PM
87	No option 4 is the best solution	3/21/2016 3:48 PM
88	No	3/21/2016 3:40 PM
89	I think the high school should have a later start time, 2:00pm is too early to get out of school. I chose Option 4 because it allows all schools to get out later so working parents don't have to worry about younger ones going to daycare at 2:00pm	3/21/2016 3:40 PM
90	Do you realize most Mashpee parents work for a living?	3/21/2016 3:21 PM
91	spending the time or money on these type of matters are useless.	3/21/2016 3:19 PM
92	This would be a disruption to extra curricular activities.	3/21/2016 2:56 PM
93	Sleep is as important to learning and functioning as food.	3/21/2016 2:32 PM
94	A lot of younger kids are watches after school by older children. This change would require younger kids to be home possibly alone earlier and longer.	3/21/2016 2:28 PM
95	My children are 10, 7 & 3. It is so very important to their schedules & well being that they have a schedule that allows them to have time for homework and some free time before dinner and baths in the evening. With the current school schedule, they are up at 6:15am, home off the bus at 3:30pm, and have just enough time to allow for a structure homework time, play time, dinnertime and baths. Bedtimes start at 7:30/8PM. Adjusting this schedule by more than approx 15 min would alter it completely. (Earlier mornings means earlier bedtime, which results in less time to accomplish everything in the evenings.) This would not only effect homework, but the family in general, as a whole!	3/21/2016 2:24 PM
96	Leave things the way they are !!	3/21/2016 2:21 PM
97	Could you please just add another hour of sunlight to every winter day? It would help so much.	3/21/2016 2:21 PM
98	It would be great to find a way to push back the start time for the MMHS without drastically changing the schedule for KCC/Quashnet	3/21/2016 2:05 PM
99	later starting times affect after school sports and any high school child that has an after school job	3/21/2016 2:02 PM
100	Addressing school start times will most surely result in advancing the other goals of our district, which include academic excellence and the needs of working parents. I appreciate all of the time being spent by the SSTC and know that it will be worthwhile when all is said and done.	3/21/2016 1:57 PM
101	A later start time for the MMHS would help responsible students get the sleep that research suggests they need, but only if the students wisely manage their time.If the later time is instituted, MMHS students should attend an informational meeting about how to maximize the benefit we sought for them.	3/21/2016 1:47 PM
102	changing start times makes it difficult for children especially high schoolers (which is my children's grade level) involved in after school activities to complete homework, and still be able to join in activities. When you have students in high school sports who have practice, matches, or meets, the time after school is precious. Say school ends at 3:15 which pushes back practice/game times and kids aren't getting home before 6pm if your lucky and it's a home match. After dinner and homework there is no time for anything else. I have heard from other parents that this will make it better for working parents because it leaves less time for students to be home alone, my response to that is that school is not meant to be a daycare. If your child can not be alone after school there are programs such as the boys and girls club and daycares, but I do realize that some older siblings watch their younger ones after school which is why I'm completely against options 1&2 I am hopeful that no change will be made.	3/21/2016 1:46 PM
103	Please don't change them time. When my high school boy gets out of school at current time he does the following: sport, band or work. He can do this independently. If my younger children are out say at 2:15, what will they do? No parent is home. I will have to put them in care \$\$ or leave them Home alone. My kids are easy to get ready in the morning as it stands now. They have plenty of time, additional extra time would be filled with battles: can I watch tv, can I play on the iPad. Later HS start = later nights at sports. Please don't change it. Later start time = \$\$ child care or me being late and rushed every day.	3/21/2016 1:46 PM
104	I would appreciate the Kenneth C. Coombs School day was from 9:00a - 4:00p.	3/21/2016 1:45 PM
105	I think this is a great change that would have been beneficial decades ago. Teens need their sleep, it'll improve their performance in school, their peer relationships and their family time in the evening. As it is now my 9th grader comes home at 2:30 and about 3 days a week crashes for a 3 hour nap til dinner!!! She is so exhausted!	3/21/2016 1:42 PM
106	the research is clear	3/21/2016 1:35 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

107	I think changing the start time would create problems in the home life of the children. Most parents have schedules that are able to adhere to the current start and end time. Being able to utilize Boy's and Girl's club for after school. having a late start time will now put parents having to seek before school care. That doesn't change the kids having to wake up early, only the school officials. I believe this is going to impact jobs for parents as a result creating more issues. It may be about kids getting more sleep. But, in my personal opinion not every child is the same. You have some that sleep more and you have some that don't. My kids don't sleep in late and never have. I think it is imperative to look at every aspect of this change because it doesn't just affect the kids. Especially for those older students who if they have parents that work late and they get the younger siblings off the bus. This dynamic is just not suitable for all households especially single mothers with no support of family members in this state. Which if we are being honest most households are single parent homes. This may work for those stay at home moms, but everyone doesn't have that luxury. We also need to look at problems that may arise with kids being left unattended with no parental supervision.	3/21/2016 1:20 PM
108	Compared to other towns on the cape, I think we have the best start times and I don't want to see them changed. It is working for my family and child who is attending KC Coombs. Changing the time to a later time will have a 1. a financial impact on our family because I would have to pay for before school care due to work obligations 2. With the current 8:20 start, my child gets about 9 to 10 hours of sleep a night and is ready for school. I don't think the K-2 or 3-6 kids should start any earlier than 8:20 but in my opinion 9:00 or later is too late. My child would be anxiously waiting for school to start since wake up time is at 6:30. I really hope the start times do not change!	3/21/2016 1:15 PM
109	I am horrified that this is even being discussed. I'm sorry if teenagers cannot get themselves to bed at a decent bedtime and that parents do not enforce it. Parents need to parent. Get the kids off the tablets, phones and xbox and it's lights out. If the kids have a decent bedtime....they should have no problem getting up in the morning. We are raising a generation of wimpy kids. What is going to happen when they enter the real world and need an early start time for their job? I'm sure an employer will not want to hear that they "need more sleep". Absolutely ridiculous! If the child has trouble staying awake in class, the child needs to go to bed earlier. End of.	3/21/2016 1:13 PM
110	I do not believe that the elementary should start before the high school	3/21/2016 1:06 PM
111	Stop wasting your time and leave well enough alone. Later start times means parents may be late or later to work.	3/21/2016 1:03 PM
112	IMO - later start = happier kids = less stress = happier parents = less wine :-)	3/21/2016 12:53 PM
113	My eldest is in college an 1st class is at 8 it works. It prepares them for jobs an it allows them time after school to do HW before they travel to off cape club sports. It also allows school sports to start an end at a reasonable hour so parents can spend a few minutes with their children. It allows elder siblings a chance to help their parents get their brother or sister off bus which allows parents to work without paying daycare. Like most studies in a few years research will change an then what. This works for Mashpee, families are already on this schedule don't mess with it please	3/21/2016 12:53 PM
114	My concern is with after school activities and sports...would later dismissal times cause a need for students to have to be dismissed to make it to games farther away more often and then not getting home until late...less time for homework and studying?? What about sports outside of school??? Later dismissal will cause conflicts with outside school activities.	3/21/2016 12:48 PM
115	You and I started school about the same start time when we went to school. We survived and learned just fine. Also you have to consider working parents that can't change when they start work. And you really think if the grade schools started earlier that those kids wouldn't be tired? leave it alone.	3/21/2016 12:46 PM
116	The middle-high school should have the latest start time possible. The grade schools can have the earliest start time because the younger children naturally wake earlier since they have earlier bed times. Option 1 is the best option considering the wake times work best for the ages, later for teens and earlier for young children. I always thought the school times were backwards and it never made any sense.	3/21/2016 12:41 PM
117	The many high school students have jobs and a later start date makes working more difficult. The same thing goes for parents of little ones. Ending at 2:00 would mean that some kids are at aftercare from 3+ hours a day and there is not enough structure for that long of a time.	3/21/2016 12:41 PM
118	Thank you for pursuing this. I have been a big fan of the idea for years. I had panned to attend a meeting when my now-10th grader was still at the Quashnet school, but it was called off. Any parent or teacher knows, school starts too early. No wonder teenagers have such a surly reputation!	3/21/2016 12:36 PM
119	Start middle / high school 8-230 start Quashnet 815-245 thank you	3/21/2016 12:33 PM
120	There are times us parents rely on our older children to help watch our younger children. If the older kids get out of school later then the younger it may affect many of our jobs.	3/21/2016 12:29 PM

MASHPEE PUBLIC SCHOOLS--SCHOOL START TIME EXPLORATION PARENT/GUARDIAN SURVEY

121	Just wondering if there is a change to an earlier time to the younger grades, will there be more options for after school care and if the rec center has an afterschool care program but also has rec activities - is there a way to get transportation to and from those activities so that parents who are working until 5 pm can get their kids into those programs since they will not be in after school much longer than they currently are.	3/21/2016 12:25 PM
122	Research has shown this is a positive approach on a number of fronts for the students. Let's do it!	3/21/2016 12:24 PM
123	Being a parent of three, a coach at highschool and junior levels, and an employer for high school aged kids. These school time changes are not a very good idea.As a parent we would need to fix daycare times all across the cape to accomadate these changes. As a coach the start times and end times are really bad for Nauset kids. I have coached these kids at club levels and they are doing homework and getting home from games at 9-10-11 at night so they are not getting the rest that is suggested and required. It also causes the same problem when playing them in highschool because the other schools have to schedule games later to play them which end later also. As employment in the restaurant business we need to get these kids in earlier for the dinner shift. 4pm or later is already cutting into prep and setup times for dinner opening at 5:00pm.	3/21/2016 12:21 PM
124	If it's not broke don't fix it. Please consider the impact on working families with small children.	3/21/2016 12:19 PM
125	Keep in mind Mashpee is a working town.... most parents Starr work by 830 or even much earlier. 9am means delays and changes to their schedule which could effect paychecks	3/21/2016 12:16 PM
126	As I stated in question 6, I think the whole day should be shifted to a later time. I don't know how this will affect after school programs or athletics, but I know all the children would benefit from getting more sleep, particularly those in high school .	3/21/2016 12:15 PM
127	I don't support the idea of later start times. I think parents should be responsible for their children and ensure they get enough sleep. Later start times would negatively impact after school activities which are an important part of developing life skills.	3/21/2016 12:12 PM
128	Would there be an option for a start time of 8:30 or 8:45 for the lower grades? I think 7:30 AM is too early and 9AM is too late	3/21/2016 12:05 PM