

**Mashpee Public Schools: School Start Time Committee (SSTC)
February 24, 2016 (3:30 – 4:45 PM) Quashnet Library (MINUTES)**

PRESENT: Don Myers, Chris Santos, Patty DeBoer, Mark Balestracci, MaryKate O'Brien, Matt Triveri, Kristine Jones, Robin Geggatt, Brian Brodie, Kristen Boyd, Sarah Provencher, Matt Auger, Mary Bradbury, Carrie Gentile—Mashpee Enterprise

ABSENT: Wendy Lithwin, Marcy Dugas, Tannah O'Brien

3:37 PM: Meeting opened; introductions

3:40 PM: 1/14/16 SSTC Meeting Minutes—reviewed/approved (Motion to approve: Chris Santos; Second: MaryKate O'Brien—All YES)

3:42 PM – 4:17 PM: Discussion of Start Times Chart—Options (draft)

Impact of time change on after-school activities—MMHS and Quashnet (Late Fall—Issues with daylight and sports; rotating block at MMHS--helpful

Recreation Dept. feels they will be able to shift their programs to accommodate time changes—will need to make sure staffing is available

Committee reached consensus—Options 3 and 4 are not options we support (elementary start/end times are too late); these options will still be provided to parent/guardians for their input
Committee discussed/supports a hybrid of Options 1 and 2—MMHS (8:30 AM – 3:00 PM) and QS/KCC (7:45 AM – 2:15 PM with KCC 5 minutes behind QS)

Recommendation was made to get bus drivers' perspectives and also to check with Collaborative in terms of the timing of the routes (Can the elementary bus routes be completed in order for the busses to be at MMHS by 3:00 PM?)

4:18 PM: Quick review of handouts (read outside of meeting)

- School Hours and Sleep Deprivation—A Public Health Epidemic
- Recommendations of the Experts
- American Academy of Pediatrics Recommendation

4:20 PM:

- Reviewed/edited draft Parent/Guardian Survey (to be sent out on 3/21/16)—results will guide us.
- Create SSTC Blog (Patty DeBoer will do this—ready to send out on Friday, 2/26/16)
- Provide weekly updates/communication to parents—through BLOG and Friday emails
2/26/16, 3/4/16, 3/11/16, 3/18/16
- MMHS student survey—Principal Balestracci will work with his Principal's Advisory Group
- Need to survey staff (similar to parent/guardian survey)—Patty DeBoer will prepare and send out on 3/14/16
- Principals will provide a SSTC update to their staffs on 3/7/16 half day

4:40 PM: Next meeting date selected—**Wednesday, March 30, 2016** at 3:30 PM (Quashnet Library)

4:42 PM: Meeting adjourned (Motion: Chris Santos; Second: Patty DeBoer—All YES)

APPROVED: 3/30/16